

ExSSA UK 2020 Convention PROGRAMME

A VIRTUAL
EDITION

**Theme: The girl child,
Exceed to Empower**

#EXCEEDTOEMPOWER2020



Join Us ON Zoom
Meeting ID: 836 2840 2512
Passcode: EXSSAUK20

SAVE THE DATE
28/08/2020

ExSSA UK 2020 Virtual
Convention WKND

GUEST ARTIST
GASHA

SECRET

DJ TAKEAWAY
ON THE BEATS

EXCEED TO EMPOWER

FRIDAY 28TH AUGUST: 7PM - 10PM SPIRITUAL EMPHASIS

SATURDAY 29TH AUGUST: 10:45AM AGM

3PM - WELL-BEING ZUMBA WORKOUT
8PM - MIDNIGHT - GALA

@exssauk @exssauk

Welcome to our first virtual CONVENTION!



From the convention HQ

2020 is a year of many firsts and certainly ExSSA UK's first virtual convention. As we continue to charter through these uncertain times, we must venture into uncharted, virtual territories to foster our love, unity and sisterhood ethos.

Thank you for joining this year's 2020 convention from the comfort of your home. All you need is the zoom app on your phone, but on a laptop/desktop for a better experience, a prosecco or champers and plenty of snacks or a takeaway to get you through. Its a Bank Holiday weekend afterall!

Sit back, log into zoom and enjoy with your friends and family.

The 2020 Formidable Convention Team

**Njie, Yoti, Dialle, Edith, Cynthia, Janet, Playne, Doreen,
Sharon, Karen, Hilda, Melvis, Lua**

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conventionteam@exssa-uk.org

Welcome from the President



Dear Friends of ExSSA

It is with virtual excitement that I welcome you to the ninth edition of the ExSSA UK Annual Convention! Our annual convention last year was at the Stratford Manor Hotel, where we built on the successes achieved in 2018. This year is rather special, as we hold our first ever virtual convention over two days; starting with Spiritual Emphasis on Friday 28th August, AGM and Gala on Saturday 29th August.

It is no secret that the Covid-19 pandemic has forced us to a new normal, where most of us have embraced technology like never before, in order to carry on working in our various careers: Zoom meetings have become the order of the day and so has the arrival of Zoom conferences, weddings, birthdays and even funerals! So here we are, all excited to hold our 2020 Convention via Zoom!

You might recall our theme last year was “Elevate To Exceed”: This year, regardless of the pandemic, we continue to grow from strength to strength and have adopted as our theme this year: “Exceed to Empower”.

I am proud to announce the launch of the ExSSA UK Mentor/Mentee Programme on Saturday 29th August, where we will be assisted by a panel of experienced Sakerettes, sharing their thoughts and tips on mentoring and introducing interesting career options. It is a great pleasure to introduce Mrs. Clementine Nkweta - Salami. UNHCR Regional Director for the East, Horn and Great Lakes Region of Africa. She will be giving the opening remark for the launch of this novel programme! The objective of this programme is to EMPOWER our younger sisters and our children to navigate the world of work in a more organised and supported way.

I continue to have overwhelming and sincere gratitude and respect for each and every one of my IRREPLACEABLE ExSSA UK members, and particularly my FORMIDABLE Convention Team, INDOMITABLE Executive Team, and DYNAMIC Regional Teams who I trust and count on to continue delivering excellence every time!

As usual, I am indebted to all our honoured guests, who over the years have believed in us and supported us in all our endeavours. I appreciate and applaud you all for the effort you make each year, to join us at our annual convention – this year we look forward to you joining us virtually!

Unceasingly, we pray for continuing Love, Unity and Sisterhood among Sakerettes, which we extend generously to our families, friends, guests, supporters and well-wishers.

With my best wishes

Irene Tamajong

National President, EXSSA UK &

The Formidable Convention Team:

Njie, Yoti, Dialle, Edith, Cynthia, Janet, Playne, Doreen, Sharon, Karen, Hilda, Meivis, Lua
conventionteam@exssa-uk.org



Friday 28th August

Spiritual Emphasis

Time: 7pm

Dress code: White

Guests are welcome

HOW TO JOIN

[HTTPS://ZOOM.US/JOIN](https://zoom.us/join)

MEETING ID: 83628402512

PASSWORD: EXSSAUK20

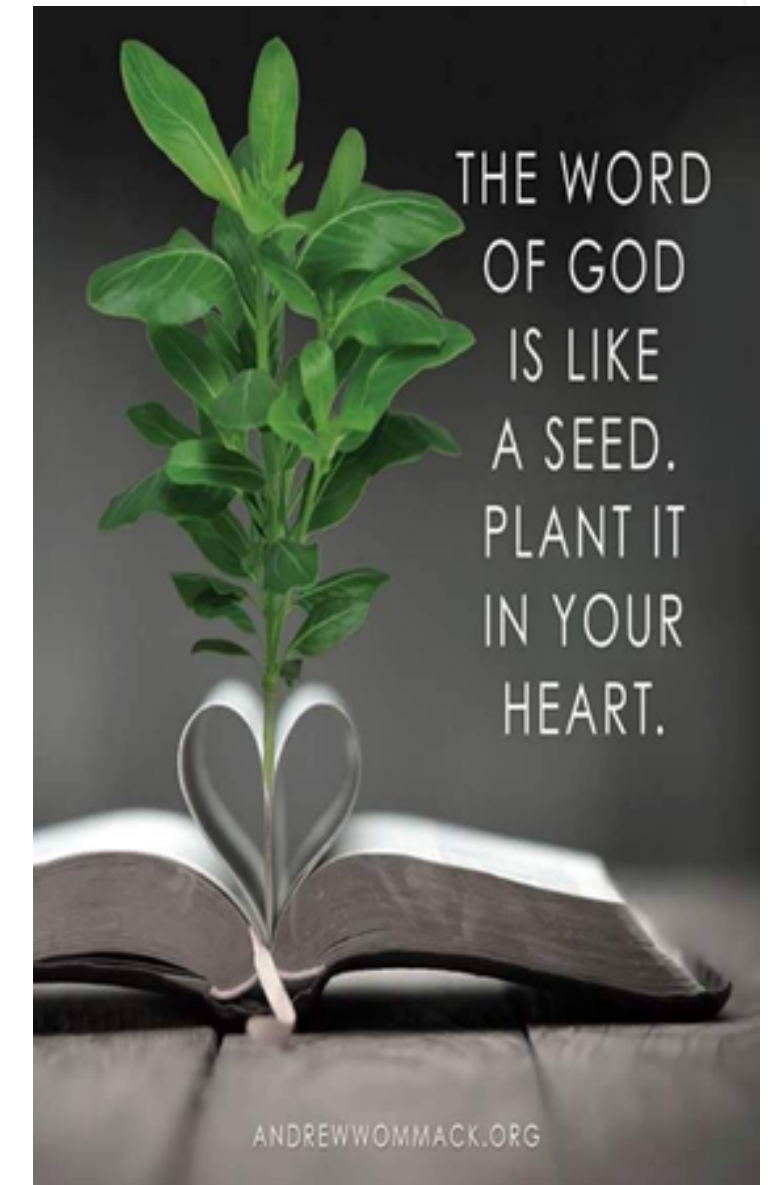
PROGRAMME

- Regional roll call
- Praise and Worship
- Sermon
- Prayer



DR DAVID KALUBA

Dr David Kaluba, Founder of DK Global Group and Elohim Church Global. Dr Kaluba is no stranger to ExSSA UK Spiritual emphasis. He is an author, coach, mentor, life strategist, Pastor and visionary. A powerful voice during these challenging times.



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Saturday 29th

Dress code: Coconut

ExSSANs only

ANNUAL GENERAL MEETING

**Time:
10.45am**

AGENDA PART 1

- Welcome address by the National President
- Regional update by the regional presidents
Mal: Dr Doreen Mbuagbaw
North- Dr Playne Ebai
South- Janet Tabot
London- Edith Fielding-Soyombo
Mid-lands- Cynthia Asuagbor
- Financial update by Yoti Mofa

AGENDA PART 2

- Launch of the mentor/mentee scheme
 Join our panelists from different sectors including **Mrs Clementine Nkweta-Salami**, UNHCR Regional Director for the East, Horn and Great Lakes Region of Africa.
- If you have any questions for the panel email conventionteam@exssa-uk.org

AGENDA PART 3

- Future plans for ExSSA UK
 a)GM 2021
 b)Update on the ExSSA UK Uniform
 c) Update on the Website
 d) Convention 2021 and Saker jubilee update and our involvement
- Frontline staff on COVID-19 – Dr Playne Ebai
- AOB

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Q AND A PANEL: MENTOR/MENTEE SCHEME



Clementine Nkweta-Salami
UNHCR Regional Director for the East, Horn and Great Lakes Region of Africa



Dr Doreen Mbuagbaw
Environmental Toxicologist



Beyang Arrey
Software Engineer, Web developer, Blogger



Shola Mustapha
Law enforcement and Security



Ruth Etta
IT Project Manager



Irene Shupo
Accountancy, Banking and finance, Business Consulting



Delphine Lottin
Teacher of Languages



Gillian Epule
Business Consulting, Engineering and Manufacturing



Kokovi Kale
Charity and Voluntary Work, Law retired

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PANEL: FRONTLINE WORKERS ON COVID19



Dr Playne Ebai
Consultant in Obstetrics &
Gynaecology



Joyce Mbengashu
Nurse:
Community/Respiratory
Nursing



Arimbo Valerie
Social Worker



Nabila Bangura
Community Mental
Health Nurse Practitioner
(Clozapine Nurse)



Monica Jato
Staff Nurse



Bridget Isemimen Dohnji
RMN(Registered Mental
Health Nurse) Clinical
Team Leader

Saturday 29th August

Virtual Zumba Well-being Class

Time: 3pm

Guests are welcome

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ZUMBA

Janet Tabot, Royal County

Join 'Sis J', ExSSA Royal County President as she hosts a Zumba work out session. You don't want to miss this!



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Saturday 29th

DRESS CODE: A NIGHT IN AFRICAN/TRADITIONAL/WAKANDA

Guests welcome

GALA PROGRAMME

- 7.00pm- ExSSANs and Guests to log on with their drinks and dinner
 - 8.00pm:
Welcome and introduction of MC by the National President
 - ExSSA UK fundraising journey – saying thanks to our guests
- a) Computers and photocopiers
 - b) Sanitation project – Septic digest
 - c) Food technology project
 - d) Safety project – personal alarms
 - e) Future project
- **GASHA performance**

DANCE! DANCE! DANCE!

compere extraordinaire:

Ms Pamela Macaulay



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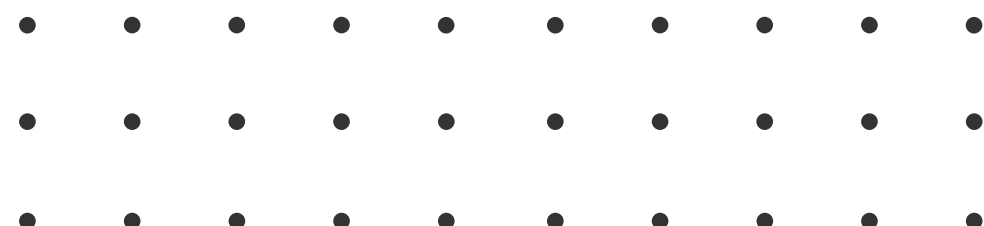
PASSWORD: EXSSAUK20

Dress code:

A night in
African/Traditional/Wakanda



**Time: 7.00pm
till midnight**





WHO THEY ARE FRONTLINE WORKERS

THANK YOU TO ALL

EXSSA UK FRONTLINE WORKERS



THANK YOU TO ALL

**EXSSA UK
FRONTLINE
WORKERS**

WHO THEY ARE

EXSSA FRONTLINE HEALTH STAFF





THANK YOU FOR ATTENDING!

conventionteam@exssa-uk.org

www.exssa-uk.org



Facebook:
[@ExSSAUK](https://www.facebook.com/ExSSAUK)

Instagram:
[@exssauk](https://www.instagram.com/exssauk)

Save the Date!

Convention 2021: 28th
August 2021

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